

National Institute of Unani Medicine

Publications of NIUM Since Inception

year wise

Year	Papers
2024-25	1. Nizamudeen S, Bhat MD, Malik R, Fatima M, Radhika K, Najar FA, Shah AH. Effect of <i>Bergenia ligulata</i> (Wall.) in type 2 diabetes mellitus: A randomized placebo-controlled trial. <i>European Journal of Integrative Medicine</i>. 2024 Apr 1;67. 2. Umer Hamid Wani, Saiyad Shah Alam. An immobile thyroglossal duct cyst with tongue protrusion: A case report. 2024; 10(1): 32-34 <i>Indian J Case Reports</i>. 3. Begum A, Sultana S, Arshiya Sultana. An Open-Labelled Randomized Comparative Efficacy Study of Unani Formulations and Hijama Bila Shart in Tashanuji Usr al-Tamth (Spasmodic Dysmenorrhea). <i>Pharmacognosy Research</i>. 2024;16(1): 183-190.DOI: 10.5530/pres.16.1.23 4. Ateeq I, Firdose KF. A Comprehensive Review of <i>Tamaric gallica</i> Linn.: A Herbal Haemostat with special reference in Unani Medicine. <i>Journal of Drug Delivery and Therapeutics</i>. 2024 Mar 15;14(3):121-5. No citation 5. Naaz A. Effect of Unani formulation in PCOS: A case report. <i>CellMed</i>. 2024 Feb 29;14(2):5-1. No citation 6. Fazmiya MJ, Sultana A, Heyat MB, Parveen S, Rahman K, Akhtar F, Khan AA, Alanazi AM, Ahmed Z, Díez ID, Ballester JB. Efficacy of a vaginal suppository formulation prepared with <i>Acacia arabica</i> (Lam.) Willd. gum and <i>Cinnamomum camphora</i> (L.) J. Presl. in heavy menstrual bleeding analyzed using a machine learning technique. <i>Frontiers in Pharmacology</i>. 2024 Feb 12;15:1331622. Cited by 4 7. Ahmed RK, Shameem I, Naaz F. Effect of an Unani Formulation on Menstrual Cyclicity in Women with Polycystic Ovarian Syndrome—An Open Labelled Clinical Study. <i>Journal of Herbal Medicine</i>. 2024 Mar 1;44:100860. No citation 8. Naaz A, Wani GN, Begum W, Fathima S. Therapeutic potential of <i>Nankhawah/Ajwain (Tracyspermum ammi Linn)</i>: A comprehensive review article. <i>Journal of Drug Delivery and Therapeutics</i>. 2024 Mar 15;14(3):164-9. No citation 9. Wani GN, Naaz A, Begum W, Fathima S. Unani perspective of Saffron (<i>Crocus sativus</i> Linn.) beyond a spice. <i>Journal of Drug Delivery and Therapeutics</i>. 2024 Mar 15;14(3):147-53. No citation 10. Naaz A, Begum W. Fennel: More Than Herb, Unveiling its Traditional Uses, Phytochemistry and Medicinal Properties . <i>Int J Cur Res Rev</i>.2024 April;16(7):04-10, not open

	11. Naaz et al. A panoramic review on Acorus calamus / waj turki, its ancestral use and more. Internat ional Journal of Applied Research 2024; 10(4) : 191-196. No citation 12. Naaz A, Begum W, Wani GN. Effect of Unani Formulations in the Management of Unexplained Primary Infertility-A Case Report. International Journal of AYUSH Case Reports. 2024 Mar;8(1):62-71.no citation 13. Bushra I, Firdose KF, Begum W. Efficacy of Majun Khabsul Hadeed in Iron Deficiency Anemia in Reproductive Age Group: A randomised control study. Journal of Drug Delivery and Therapeutics. 2024 May 15;14(5):36-43. No citation 14. Parveen H, Firdose KF. Effect of Dried Fig as a Nutritional Supplement in Iron Deficiency Anemia during Pregnancy. International Journal of Scientific Research 2024; 13(7): 1-6. DOI : 10.36106/ijsr No citation 15. Nadiya Khanum, Ismath Shameem, Sumaiya Siddiqui. Effect of Marham-i-Bāsalīqūn on Cervical Erosion (Qurūḥ al-Raḥim)): A Randomized Comparative Clinical Study, Current Womens Health Review. June 2024. DOI:10.2174/0115734048299819240529073925 No citation 16. Khanam M, Arshiya Sultana, Banu T, Rahman K. Unani Perspective of Premenstrual Syndrome in Women: A Review. CellMed 2024;14:4.1-4.7. https://doi.org/10.5667/CellMed.2024.009 17. Sumbul, Sultana A, Heyat MB, et al. Efficacy and classification of Sesamum indicum linn seeds with Rosa damascena mill oil in uncomplicated pelvic inflammatory disease using machine learning. Frontiers in Chemistry. 2024 Apr 2;12:1361980. 18. Siddiqui A, Tabassum K, Arshiya Sultana, Begum A, Shariq M. Efficacy of Qurs Kahruba in Kathrat-i-Hayd (Heavy Menstrual Bleeding): A Single-Arm Self-Control Study. CellMed 2024;14:2.1-2.8. https://doi.org/10.5667/CellMed.2024.007. 19. Akhtar F, Heyat M BB, Arshiya Sultana, Parveen S. Medical Intelligence for Anxiety Research: Insights from Genetics, Hormones, Implant Science, and Smart Devices with Future Strategies. WIREs Data Mining and Knowledge Discovery. 2024. https://doi.org/10.1002/widm.1552 20. 18. Sumbul, Arshiya Sultana, Ahmad S. Ethnomedicinal therapeutic benefits of Tukhm-i-Kunjad (Sesamum indicum Linn) in urogenital and other systemic diseases Internatioanl Journal of Unani and Traditional Medicine (IJTUM). 2024; 1(1): 27-37.
2023-24	1. Ahmad H, Wadud A, Sofi G, Jahan N, Hamiduddin. Concept of Kushta (calx) and studies carried out on Kushta in Unani medicine. Anc Sci Life. 2023;38(2):37-44. Wolters Kluwer – Medknow.

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